



# How to register for classes online

1. Go to our website: [www.phcdfitness.org](http://www.phcdfitness.org).
2. Hover over **Classes**. Click on **Registration**.

The screenshot shows the website header with the Peninsula Health Care District logo and contact information. The navigation menu includes Home, Membership, Our Facility, Classes, Massage Therapy, Fall Prevention, Contact Us, and Newsletter. The Classes dropdown menu is open, showing Registration, Fitness Classes, and Pop-Up Classes. A red arrow points to the Registration option. Below the navigation menu, there is a sidebar with links for CLASSES, REGISTRATION, FITNESS CLASSES, and POP-UP CLASSES. The main content area features a 'Find a Class' section with filters for Class Type and Instructor, a calendar for January, and a message stating 'No classes are available' for the selected date, Thursday, Jan 2.

Peninsula Health Care District  
Health & Fitness Center

(650) 448-1472 | [richard.bergstrom@peninsulahealthcaredistrict.org](mailto:richard.bergstrom@peninsulahealthcaredistrict.org)

Search... Go!

Home Membership ▾ Our Facility ▾ **Classes ▾** Massage Therapy ▾ Fall Prevention Contact Us Newsletter

**CLASSES**

- REGISTRATION
- FITNESS CLASSES
- POP-UP CLASSES

**Class Re**  
Group Fitness Class Schedule

Registration  
Fitness Classes  
Pop-Up Classes

[My Account](#)

**Find a Class**

**January**  Full Calendar

Today Fri Sat Sun Mon Tue Wed

< 2 3 4 5 6 7 8 >

**Thursday, Jan 2** All dates and times are displayed in Pacific Standard Time (PST)

No classes are available

Try clearing your filters or selecting a different date.

[Clear Filters](#)

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### 3. Click on **My Account**.



(650) 448-1472 | richard.bergstrom@peninsulahealthcaredistrict.org

- Home
- Membership ▾
- Our Facility ▾
- Classes ▾
- Massage Therapy ▾
- Fall Prevention
- Contact Us
- Newsletter

#### CLASSES

- REGISTRATION
- FITNESS CLASSES
- POP-UP CLASSES

## Class Registration

### Group Fitness Class Schedule



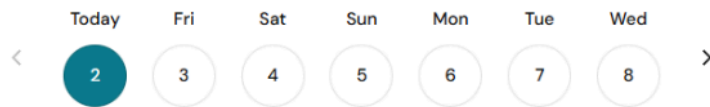
[My Account](#)

#### Find a Class

 ▾  ▾

January

Full Calendar



**Thursday, Jan 2** All dates and times are displayed in Pacific Standard Time (PST)

No classes are available  
Try clearing your filters or selecting a different date.


[Clear Filters](#)


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4. Sign in with your credentials, email and password. If you need a password reset let us know.

[← Back](#)

## My Account

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Sign In

Ready to go? Let's get started!

Email

Password


[Sign In](#)

[Need new password?](#)


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OR

[Create Profile](#)

  
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5. You'll then be redirected to your profile where you can see your name, email, password, birth date, payment, address, and phone number. To make changes to this information, click on the area you want to change or the pencil icon on the right if you want to change your password or credit card information.



Your Account  

Log out


Schedule History Passes Purchases **Account Info**

**BASIC INFO**

First name  
PHCD

Last name  
Fitness


Email  
phcdfitnesscenter@gmail.com

Password  
..... 


Birthdate  
10 ▾ 11 ▾ 2000 ▾


Gender  
Female ▾



**PAYMENT INFO**

Add a card 

6. To see your future booked classes, select **Schedule**. In mobile view, you'll see three lines as a drop down menu that'll display the same options: Schedule, History, Passes, Purchases, and Account Info.

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Your Account  

[Log out](#)

[Schedule](#)   [History](#)   [Passes](#)   [Purchases](#)   [Account Info](#)

**TUESDAY 1/7/2025**

**11:30 AM - 12:15 PM PST**  
Strength in Numbers  
with Richard  
Peninsula Health Care District Health and Fitness  
Status: Booked CANCEL


**WEDNESDAY 1/8/2025**


**9:30 AM - 10:30 AM PST**  
Foundational Yoga  
with Caroline  
Peninsula Health Care District Health and Fitness  
Status: Booked CANCEL

**THURSDAY 1/9/2025**



**1:00 PM - 2:00 PM PST**  
Seniors in Motion  
with Fitness Center  
Peninsula Health Care District Health and Fitness  
Status: Booked CANCEL

7. The **History** tab will show all the classes you attended.

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Peninsula  
HEALTH CARE DISTRICT  
HEALTH & FITNESS CENTER

Your Account  

Log out

Schedule **History** Passes Purchases Account Info

THURSDAY 12/19/2024

**11:30 AM - 12:15 PM PST**  
Strength in Numbers  
with Caroline  
Peninsula Health Care District Health and Fitness


THURSDAY 12/26/2024


**10:00 AM - 11:00 AM PST**  
Seniors in Motion  
with Fitness Center  
Peninsula Health Care District Health and Fitness



MONDAY 12/30/2024

**1:00 PM - 1:45 PM PST**  
Balance Fitness  
with Richard  
Peninsula Health Care District Health and Fitness

8. The **Passes** tab shows your gym membership.

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Your Account  

Log out

Schedule History **Passes** Purchases Account Info


**AVAILABLE PASSES**


Monthly Membership Fee  
999999/999999 available | Exp 2/1/2025



**AVAILABLE CONTRACTS**

Membership Fee (month to month)  
Exp 8/1/2025

9. The **Purchases** tab will show all purchases made. It will even show \$0.00 transactions.

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Your Account  

Log out

Schedule    History    Passes    **Purchases**    Account Info

Purchases in the last 90 days

**SATURDAY 1/1/0001**

ORDER NUMBER: 142410

Monthly Membership Fee	FREE
Subtotal	\$0.00
Tax	\$0.00
<b>Total</b>	<b>\$0.00</b>

ORDER NUMBER: 142012

Monthly Membership Fee	FREE
Subtotal	\$0.00
Tax	\$0.00
<b>Total</b>	<b>\$0.00</b>

ORDER NUMBER: 141598

Monthly Membership Fee	FREE
Subtotal	\$0.00
Tax	\$0.00



10. To sign up for a class, click **Back** or on the Registration link again.

**CLASSES**

REGISTRATION

FITNESS CLASSES

POP-UP CLASSES

# Class Registration

## Group Fitness Class Schedule

[← Back](#)



### My Account

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Your Account

[Log out](#)

[Schedule](#)   [History](#)   [Passes](#)   [Purchases](#)   [Account Info](#)

#### BASIC INFO

First name  
**PHCD**

Last name  
**Fitness**

Email  
**phcdfitnesscenter@gmail.com**

Password  
.....

11. Select the date you want to sign up for a class. You may also filter the classes by the type of class or by the instructor.

**Find a Class**

[My Account](#)

Class Type ▾ Instructor ▾

January Full Calendar


Mon Tue Wed Thu Fri Sat Sun

< 6 7 8 9 10 11 12 >

**Monday, Jan 6** All dates and times are displayed in Pacific Standard Time (PST)

---

**11:00 AM**  
45 min




**Balance Fitness**  
**Richard Bergstrom**  
[Show Details ▾](#)  
Peninsula Health Care District Health and Fitness

Join Waitlist

---

**1:00 PM**  
45 min





**Balance Fitness**  
**Richard Bergstrom**  
[Show Details ▾](#)  
Peninsula Health Care District Health and Fitness



Book


12. The next screen will ask to confirm the booking.

## Checkout

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Checkout  

Peninsula Health Care District Health and Fitness  
**Balance Fitness**   
with Richard Bergstrom  
01:00 PM - 01:45 PM PST | MON, JAN 6


**Confirm**


By clicking "Confirm," you agree to receiving SMS from Peninsula Health Care District Health and Fitness Center to the number on your profile with updates about your reservation. [SMS Texting Terms](#) apply.



  
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13. Once confirmed, you'll be notified the class is booked via checkout is complete screen.

## Checkout


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Checkout  





Checkout is complete!



  
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14. You can verify your class bookings by going to your profile and clicking on **Schedule**.

## Checkout


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Checkout  



Checkout is complete!

  
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